



OUR FAB 5

Promise - Love and respect yourself. Respect and care for others.
Make the choice to be apart of something bigger than just yourself.

Strength - Embrace who you are. Combat the obstacles that life throws.
Stand up and make the right choice.

Attitude - Take the steps to begin and to continue the journey of
becoming your best you. Always keep yourself in the game.

Leadership - Being accountable for your own choices. The responsibility
of helping others become better. Encourages others.

Manage - Take care of your mind, body, and heart. Embrace your
current place, gather the skills, and build towards the future goal.